

Effective Date: August 3, 2025

At Threadline Coaching, your privacy matters. This Privacy Policy explains how we collect, use, and protect your information when you visit our website or use our services.

#### 1. Information We Collect

We may collect:

- Personal Information you provide (name, email, phone number, etc.) when you:
- Fill out a form
- Schedule a session
- Sign up for updates or events
- Automatically Collected Data like:
- IP address
- Browser type
- Pages visited
- Time spent on site (via cookies or analytics tools)

#### 2. How We Use Your Information

We use your info to:

- Communicate with you
- Deliver services (like coaching or workshops)
- Send updates, tips, or marketing emails (you can unsubscribe anytime)
- Improve our website and services
- We do not sell or rent your information.

### 3. Third-Party Tools We Use

We may use tools like:

- Google Analytics (to understand how people use our site)
- Scheduling or form tools (to make it easy for you to book or contact us)



• These tools may collect basic info like browser type or time on site. They don't give us access to your passwords or private devices.

#### 4. Your Choices

- You can opt out of marketing emails anytime by clicking "unsubscribe."
- You can disable cookies in your browser if you don't want us collecting anonymous data.
- You can request access to, correction of, or deletion of your personal information by contacting us.

# 5. Data Security

We take reasonable steps to protect your information using secure systems and encryption. No website can guarantee 100% security, but we do our best to keep your data safe.

# 6. Children's Privacy

Our site is not intended for children under 13. We don't knowingly collect personal info from kids.

# 7. Changes to This Policy

We may update this policy as needed. Changes will be posted on this page with the new "Effective Date."

#### 8. Contact Us

If you have any questions about this Privacy Policy, please contact:

# Threadline Coaching

inquire@threadlinecoaching.com